



Table of Contents

• Introduction	3
· Applying for Medicaid Long Term Care	4
What should I do first?	4
After I apply for Medicaid, what happens?	5
What will FIA ask me?	6
What will I need to verify?	7
• Your Assets	8
What assets does FIA count?	8
What assets does FIA not count?	9
What if I have a joint account with someone?	10
What about other assets I own with someone else?	10
How does FIA determine my asset eligibility?	11
What can I do if my assets are over the limit?	13
Can I give my assets or income away?	14
What about funeral costs?	16
• Your Income	17
Is there a limit on income?	17
What income does FIA count?	17
How much of my income can I keep?	18
If I have a spouse, is there a limit on my spouse's income?	18
Administration	19
Do I have to repay Medicaid?	19
What if I think FIA's actions are wrong?	19
Appendix I: Federal Rules	20
Appendix II: Programs to Help You	21

Introduction

This booklet is about getting Medicaid benefits for persons who expect to be in a nursing home for at least 30 consecutive days.

If you are in a nursing home for an extended period, Medicare and other insurance may not cover all the costs of your nursing home care. Medicaid may be able to help with these costs.

Medicaid is for people age 65 and older or persons of any age who are blind or disabled. There are limits on the amount of income and assets you may have and still get Medicaid health care coverage.

Medicare covers health care for people age 65 and over or who are disabled. No income or asset limitations apply. See Appendix II: "Programs to Help You" for more information.

You can have Medicaid and Medicare at the same time. Both may pay something for your care.

If you have a spouse, pay close attention to the sections of this booklet that explain how your spouse's income and assets can affect your Medicaid eligibility.

The rules about qualifying for Medicaid can change. Check with your local Family Independence Agency (FIA) office for more information before making any decision.

In this booklet, "I", "you", "your" and "my" mean the person in the nursing home. "We", "us" and "they" mean the Family Independence Agency (FIA).

Applying for Medicaid Long Term Care

What should I do first?

You will need to work through your local Family Independence Agency (FIA) office. We will determine your Medicaid eligibility. The Department of Community Health administers Medicaid. You may apply for Medicaid at any time.

To apply for Medicaid, contact the FIA office in your area. Ask for a Medicaid application. You can pick it up or your local FIA office can mail it to you. You may have someone help you fill out the form. Tell us if you need help. Bring or mail the signed form to your local FIA office.

If you had past unpaid medical bills, your Medicaid coverage may begin by going back up to three months before the month you apply.

You should apply for past coverage even if you have other insurance that might cover the cost. You will need to fill out a separate form.

You may not need to apply for Medicaid now. But be sure to contact us if you have been, or think you will be, in a hospital or nursing home for 30 continuous days.

If you have a spouse, you must fill out an Asset Declaration form, FIA-4574-B. This will be used to help determine your eligibility.

After I apply for Medicaid, what happens?

Your local FIA office will decide if you are eligible for Medicaid. They will send you a letter with their decision:

- within 45 days, or
- within 60 days if you have a disability.

The nursing home must be qualified to provide the care you need. Medicaid only pays for services it decides are medically necessary.

If you are eligible, you will receive a Medicaid Identification Card. It shows how much, if any, you should pay toward the cost of your care. This is called a patient-pay amount.

We review your eligibility each month. If you are eligible, we mail you a new card near the first of each month. Use the card each time you ask for medical services.

Your nursing home will bill Medicaid for the portion of the bill you are not expected to pay.

What will FIA ask me?

To determine if you are eligible for Medicaid, we will ask you about your:

- Income and assets
- Age
- Medical expenses
- Marital status
- Medical insurance

If you have a spouse, we will also ask about:

- Your spouse's assets
- Your spouse's income
- Income of other dependents at home

This is a two-step process. First we determine whether you are eligible on the basis of your assets. This is called asset eligibility. If you are asset eligible, then we review your income. If you are not asset eligible, then you have too many assets to qualify for Medicaid benefits.

What will I need to verify?

- We will need proof of your income and assets. If you have a spouse, we will need proof of his or her income and assets, too.
- If you are under age 65, we may need proof of your disability.

The documents we need include:

- Bankbooks or statements, including joint accounts
- Pension payment information
- Social Security benefit information
- Real estate value (other than your home)
- Recent medical bills

You must have a Social Security number. If you do not have one, we will help you apply for one.

Your Assets

What assets does FIA count?

The most common assets we count are:

Money in:

- Cash, savings accounts and checking accounts
- Credit union share and draft accounts
- Certificates of deposit
- U.S. Savings Bonds
- Individual Retirement Accounts (IRA) and Keogh plans
- Nursing home trust funds
- Prepaid funeral contracts that can be canceled
- Trusts, depending on the terms of the trusts
- Annuities

Equity in:

- Real estate (other than your home)
- More than one car
- Boats or recreational vehicles
- Stocks, bonds and mutual funds
- Land contracts or mortgages held on real estate sold

See Appendix II for more help determining your assets.

What assets does FIA not count?

These are the most common assets we do not count:

- A home in Michigan
- Personal belongings and household goods
- One car
- Income-producing real estate. If the annual income after expenses equals at least six percent or more of your equity, it is not counted.
- Burial spaces and certain related items for you and your immediate family.*
- Up to \$1,500 designated as a burial fund for you or your spouse, if you have one.*
- Irrevocable prepaid funeral contract.*
- Value of life insurance if total face value of all policies is \$1,500 or less per owner, or term insurance of any kind.*
- Assets that you do not have the legal right to use or dispose of. If you have a spouse, the same is true of assets your spouse does not have the legal right to use or dispose of.
- Assets you or your spouse have not been able to sell.
 You must have had the asset up for sale for at least 30 days during the last three months. Your asking price must not have been more than the fair market value.
 You must not have turned down a reasonable offer.
 These assets must remain for sale as long as you receive Medicaid.

What if I have a joint account with someone other than my spouse?

We count the entire amount as yours unless you prove some of the money belongs to another person. This rule applies to cash assets, such as:

- Savings and checking accounts
- Credit union share and draft accounts
- Certificates of deposit
- U.S. Savings Bonds

What about other assets I own with someone else?

We assume each person owns an equal share. Tell us if the ownership is different.

^{*}For more information, see Page 16, What about funeral costs?

How does FIA determine my asset eligibility?

If you do not have a spouse, your asset limit is \$2,000. You are asset eligible if your countable assets for the month are \$2,000 or less. See page 8 for more information on countable assets. If you have questions, ask your FIA specialist.

If you have a spouse, you should ask for an Initial Asset Assessment (IAA) when you are admitted to a nursing home for the first 30-day continuous period. The IAA is the total amount of countable assets you have. The total is the assets you have on the day you first enter a nursing facility, including a hospital. We will use the IAA when you apply for Medicaid.

If you have a spouse, you have a Protected Spousal Amount (PSA). This is the amount of assets set aside for use by your spouse. The PSA is half of the IAA. For the year 2000, it is a minimum of \$16,824 and cannot be more than \$84,120. These amounts change every year.

We subtract the PSA from the countable assets for the month you apply for Medicaid. You are asset eligible if the result for that month is \$2,000 or less.

See page 8 for more information on countable assets.

Example:

Mrs. Smith entered a nursing home on January 1. Mr. Smith, her husband, lives at home. He asked for an IAA on January 3. The IAA amount for the day Mrs. Smith was admitted totaled \$50,000. The PSA is one half of that amount, or \$25,000.

The Smiths applied for Medicaid on July 2. The FIA specialist made a determination on July 25. The Smith's assets counted for July had decreased to \$26,500. Mrs. Smith's asset eligibility is shown below.

\$26,500 countable assets for July 1999 -25,000 Protected Spousal Amount (PSA)

\$ 1,500 countable assets for Mrs. Smith

Mrs. Smith's countable assets are less than \$2,000. She is asset eligible for July.

She remains asset eligible for 12 months. This period ends sooner if she leaves the nursing home for 30 days or more. In this 12-month period, the Smiths can separate their jointly held assets. Mrs. Smith can transfer her assets to Mr. Smith. After the 12-month period, we determine Mrs. Smith's asset eligibility by counting only her assets. Her assets must be \$2,000 or less.

If you have any questions, ask your FIA specialist.

What can I do if my assets are over the limit?

You can use your assets to pay medical expenses, living costs, and other bills. You can use your assets to buy things that are not countable assets. We may ask you to verify how you used your assets.

See page 9 for more information on assets we don't count.



Can I give my assets or income away?

Giving away or transferring assets or income for less than fair market value (called divestment) may result in a penalty. This applies to you and your spouse.

Transfers include:

- Allowing another person to take your assets or income, or those of your spouse, by setting up a joint account or by other means, and
- Limiting the availability of your assets or income, or those of your spouse, through a trust, similar device or by other means.

The penalty is that Medicaid will not pay for your nursing home care. The penalty lasts for the time the value of the assets or income you divested would have paid for the cost of nursing home care.

We look at transfers that occurred up to 36 months before the first date you applied for Medicaid while in a nursing home. We look back 60 months for transfers to or from a trust. We also look at transfers after you apply.

3

There is no penalty if you transfer assets to your spouse, or if you or your spouse transfer assets to your blind child or child with disabilities, regardless of your child's age or marital status. If you don't have a spouse, there is no penalty if you transfer assets to your blind child or child with disabilities, regardless of age or marital status.

You or your spouse may also transfer your home, without penalty, to:

- Your children under age 21
- Your children age 21 or older in your home who provided care that allowed you to stay at home for at least two years right before you entered the nursing home
- Your brother or sister who is a part owner of the home and lived in it for at least one year right before you entered the nursing home

What about funeral costs?

You can prearrange your funeral and still get Medicaid. How much money you can protect, and for whom, depends on which arrangements you choose. Someone in the funeral or insurance business may be able to give you more information.

These are four commonly used arrangements:

Prepaid funeral contract

We do not count irrevocable contracts if the contract is for your expenses and the price is \$2,000 or less.

Life insurance

Michigan law allows you to assign money from your life insurance for your funeral costs. There is a limit to the amount you can assign. You can usually do this by transferring ownership to a trust when you buy the insurance. If you have a spouse, you may also protect funds to pay their funeral costs.

Buy burial space items

You can buy items and services for burial. Examples are a casket, a burial plot, a vault, a headstone, and opening and closing the gravesite.

These items do not count as assets when you buy them for yourself, your spouse, or members of your immediate family.

Designate a burial fund

A burial fund pays for funeral costs not covered by allowable burial space items. A separate savings account for a burial fund for you or your spouse does not count as an asset. The limit is \$1,500. The limit includes:

- The face value of life insurance that was not counted.
- The amount paid for an irrevocable funeral contract.
- The amount of insurance for burial costs.

Your Income

Is there a limit on income?

Yes. You may get help when your income is not enough to pay your medical expenses. Usually, you pay part of your medical expenses and Medicaid pays the rest.

What income does FIA count?

Examples include:

- Social Security benefits
- Pension benefits
- Veterans benefits



How much of my income can I keep?

We will deduct the following from your monthly income:

- \$60 for your personal needs
- Health insurance premiums you pay
- Up to \$60 per month for guardian or conservator fees and costs.
- If you have a spouse, you may keep an allowance for your spouse. We allow \$1,407*, plus certain shelter costs, less your spouse's income. The allowance cannot exceed \$2,103* in calendar year 2000.
- An allowance for your dependents or your spouse's dependents living at home. They must be living with your spouse. The allowance for each dependent is \$1,407*, less his or her income, divided by three.

If I have a spouse, is there a limit on my spouse's income?

No, but if your spouse gives you money regularly, we count that money as your income.

17

^{*}This amount and others above may change each year. Contact your FIA specialist for the latest figures.

Administration

Do I have to repay Medicaid?

You may have to repay if you get more benefits than you should have.

What if I think FIA's actions are wrong?

First, talk with your FIA specialist or his or her manager. If you still believe the action was wrong, you may ask for a hearing. You must file a written hearing request within 90 days of notice of an FIA action. You, your spouse, or an authorized person must sign the hearing request. Take or send it to your local FIA office.

The Family Independence Agency and the Department of Community Health do not provide or pay for estate planning.

Appendix I: Federal Rules

The rules in this booklet are based on Section 1924 of the Social Security Act (42U.S.C. 1396r-5)

This booklet explains the asset rules that apply to persons:

- Who were admitted to a nursing home on or after September 30, 1989, and
- Who are expected to remain in a medical facility for at least 30 consecutive days.

The income rules apply to all persons who expect to remain in a nursing home for at least 30 days, regardless of admission date.

Rules about trusts and transfers are in Section 1917 (c), (d), and (e) of the Social Security Act (42 U.S.C. 1396p (c), (d) and (e)).

19

Appendix II: Programs to Help You

Call one of these programs if you need help:

Medicare: 1-800-482-4045 or 313-225-8200

The Medicare/Medicaid Assistance Program: 1-800-803-7174

For help understanding Medicaid rules that apply to paying for nursing home care:

Call the State Long Term Care Ombudsman: 1-800-292-7852

For information about Medicaid, see:

http://www.mdch.state.mi.us/msa/mdch_msa/msahome.htm

If you have questions about your eligibility, call your local FIA specialist. Look under Government, Family Independence Agency, in your local telephone directory.

To find your local FIA office, see:

http://www.mfia.state.mi.us/compositedir97/





John Engler, Governor James K. Haveman, Jr., Director

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